

# COUNTRY DAY SCHOOL OF ARLINGTON MONTESSORI

## Lunch Menu for September 2008

**CIRCLE DRINK CHOICE**  
 2% White milk  
 Apple Juice

Student name: \_\_\_\_\_

Teacher: \_\_\_\_\_ Amount Rec'd: \$ \_\_\_\_\_ Cash/Check #: \_\_\_\_\_

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Labor Day Holiday No School</b>	2 <b>Jason's Deli</b> 1) Jr. Jane Baked Potato 2) Little Deli Plate; ham with American cheese, apple slices 3) Mac & Cheese  Bread choice: <input type="checkbox"/> white <input type="checkbox"/> whole grain wheat	3 <b>El Chico</b> 1) Crunchy Beef Taco w/ rice & beans 2) Cheese enchilada w/ queso sauce, ranchero beans & salad 3) Chicken Quesadillas	4 <b>Jason's Deli</b> 1) Cheese Pizza 2) Mac & Cheese 3) Little Deli Plate; turkey with American cheese, apple slices  Bread choice: <input type="checkbox"/> white <input type="checkbox"/> whole grain wheat	5 <b>Brown Bag</b>
8 <b>Brown Bag</b>	9 <b>Jason's Deli</b> 1) Jr. Jane Baked Potato 2) Little Deli Plate; ham with American cheese, apple slices 3) Mac & Cheese  Bread choice: <input type="checkbox"/> white <input type="checkbox"/> whole grain wheat	10 <b>El Chico</b> 1) Crunchy Beef Taco w/ rice & beans 2) Cheese Enchilada w/ queso sauce, ranchero beans & salad 3) Chicken Quesadillas	11 <b>Jason's Deli</b> 1) Cheese Pizza 2) Mac & Cheese 3) Little Deli Plate; turkey with American cheese, apple slices  Bread choice: <input type="checkbox"/> white <input type="checkbox"/> whole grain wheat	12 <b>Brown Bag</b>
15 <b>Brown Bag</b>	16 <b>Jason's Deli</b> 1) Jr. Jane Baked Potato 2) Little Deli Plate; ham with American cheese, apple slices 3) Mac & Cheese  Bread choice: <input type="checkbox"/> white <input type="checkbox"/> whole grain wheat	17 <b>El Chico</b> 1) Crunchy Beef Taco w/ rice & beans 2) Cheese Enchilada w/ queso sauce, ranchero beans & salad 3) Chicken Quesadillas	18 <b>Jason's Deli</b> 1) Cheese Pizza 2) Mac & Cheese 3) Little Deli Plate; turkey with American cheese, apple slices  Bread choice: <input type="checkbox"/> white <input type="checkbox"/> whole grain wheat	19 <b>Brown Bag</b>
22 <b>Brown Bag</b>	23 <b>Jason's Deli</b> 1) Jr. Jane Baked Potato 2) Little Deli Plate; ham with American cheese, apple slices 3) Mac & Cheese  Bread choice: <input type="checkbox"/> white <input type="checkbox"/> whole grain wheat	24 <b>El Chico</b> 1) Crunchy Beef Taco w/ rice & beans 2) Cheese Enchilada w/ queso sauce, ranchero beans & salad 3) Chicken Quesadillas	25 <b>Jason's Deli</b> 1) Cheese Pizza 2) Mac & Cheese 3) Little Deli Plate; turkey with American cheese, apple slices  Bread choice: <input type="checkbox"/> white <input type="checkbox"/> whole grain wheat	26 <b>Brown Bag</b>
29 <b>Brown Bag</b>	30 <b>Jason's Deli</b> 1) Jr. Jane Baked Potato 2) Little Deli Plate; ham with American cheese, apple slices 3) Mac & Cheese  Bread choice: <input type="checkbox"/> white <input type="checkbox"/> whole grain wheat	1 <b>El Chico</b> 1) Crunchy Beef Taco w/ rice & beans 2) Cheese Enchilada w/ queso sauce, ranchero beans & salad 3) Chicken Quesadillas	2 <b>Jason's Deli</b> 1) Cheese Pizza 2) Mac & Cheese 3) Little Deli Plate; turkey with American cheese, apple slices  Bread choice: <input type="checkbox"/> white <input type="checkbox"/> whole grain wheat	3 <b>Brown Bag</b>

**\*Note: All lunches are served with milk or juice. All Jason's Deli meals are served with organic fruit or organic carrots. Jr. Baked Potatoes come with cheese, bacon, sour cream, and a buttery blend on the side**

**\*All El Chico's meals come with fresh fruit**

**To order lunch for the month**

Circle your choice of drink in the upper right hand box.

Circle one choice for each day you wish to purchase lunch.

Write the student and teacher's name on top of this form. (Each child must use a separate form)

**All orders and payment are due to the office by Tuesday, August 26, 2008. No late orders will be accepted.**

**Lunch calculator:**  
 1=\$3.75 2=\$7.50 3=\$11.25 4=\$15.00 5=\$18.75 6=\$22.50 7=\$26.25 8=\$30.00 9=\$33.75 10=\$37.50 11=\$41.25  
 12=\$45.00 13=\$48.75 14=\$52.50 15=\$56.25 16=\$60.00 17=\$63.75 18=\$67.50 19=\$71.25 20=\$75.00

Amount Due\$ \_\_\_\_\_

**Circle the dates of the lunches you ordered; keep this portion for your records.**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Brown Bag</b>	<b>Jason's Deli</b> 2, 9, 16, 23, 30	<b>El Chico</b> 3, 10, 17, 24, 1	<b>Jason's Deli</b> 4, 11, 18, 25, 2	<b>Brown Bag</b>