

Taekwondo Tenets

Taekwondo Students

aim to achieve

Courtesy

Integrity

Perseverance

Self Control

Indomitable Spirit

Cha-ryot (attention)

Kyong-ye (bow)

These tenets will be said before and after each session. Although at first they may be only words to the children we will cover their meanings as they attend classes. Be prepared for questions from them. ☺

Class Objectives: The primary goal of the class is to teach the children basic self-defense skills. This will be accomplished through learning kicks, punches, blocks and other self-defense techniques. The children will not only be taught how to kick and punch but also *when* to kick and punch. Other areas covered will be situational scenarios such as dealing with bullies, strangers and other dangers children may encounter.

Class Times: Classes will start in September and will be on Tuesday afternoons. The class will begin at 3:30 and the class will be 45 minutes long.

Payments: Classes are \$40 per month. Checks may be made payable to Texas Black Belt Academy or TBBA. Payments are due by the first Class of each month.

Uniforms: For those interested in purchasing a uniform for your child please contact me and I will bring one to CDSA for your child. The price is \$35.50. (checks payable to Texas Black Belt Academy or TBBA) I will inform the children the uniforms are for class only and not to be used outside class.

If you have any further questions, please do not hesitate to contact me.

Mike Johnson

(817) 274-9812.

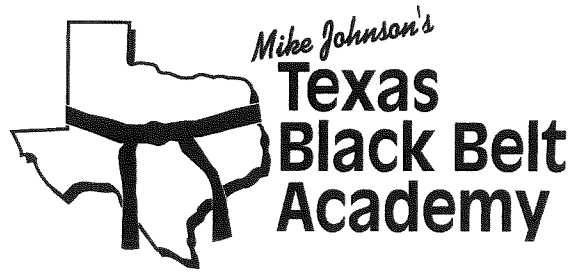
texasblackbelt@tx.rr.com

Please return this form to the front office to enroll your child into the Self-Defense class. Each month a waiver form will need to be filled out for that particular month. Thank you very much.

Name of Child

Child's Age

Signature of Parent



Legal Waiver

In consideration of the privilege of participating in the activities of the Texas Black Belt Academy, I hereby waive any claim against Texas Black Belt Academy by virtue of any personal injury that I might sustain in connection with the activities of the school, including negligence, or at any subsequent tournaments or other places of participation connected with the activities of said associations. I also hereby agree not to assert any such claim against the Texas Black Belt Academy, Michael Alan Johnson, Country Day School of Arlington or anyone connected with said associations.

Name of Student _____

Signature

If student is a minor, legal parent or guardian must sign below

Parent or Guardian _____

Signature

Mike Johnson, owner

This Waiver Form is for the Month of September of 2010 in which
classes will be held on Tuesdays at 3:30 PM – 4:15 PM

September 7th

September 14th

September 21st

September 28th

Name of Child: _____

Date of Birth: (/ /)

Mailing Address: _____

Phone Number: () _____

Secondary Number: () _____