



## Taekwondo Tenets

### Taekwondo Students

aim to achieve

Courtesy

Integrity

Perseverance

Self Control

Indomitable Spirit

*Cha-ryot* (attention)

*Kyong-ye* (bow)

These tenets will be said before and after each session. Although at first they may be only words to the children we will cover their meanings as they attend classes. Be prepared for questions from them. ☺

**Class Objectives:** The primary goal of the class is to teach the children basic self-defense skills. This will be accomplished through learning kicks, punches, blocks and other self-defense techniques. The children will not only be taught how to kick and punch but also *when* to kick and punch. Other areas covered will be situational scenarios such as dealing with bullies, strangers and other problems children may encounter.

**Class Times:** The classes will start in September and classes will be on Tuesdays. The first class will begin at 3:30 and each class will be 45 minutes long. The time will depend on the age of the child. Larger classes will be divided according to age to allow every child the best opportunity to learn.

**Payments:** Classes are \$40 per month. Checks may be made payable to Sam Bennett. Payments are due by the first Class of each month.

**Uniforms:** For those interested in purchasing a uniform for your child please contact me and I will bring one to Children's University for your child. The price is \$35.50. (checks for uniforms may be made payable to Texas Black Belt Academy or TBBA) I will inform the children the uniforms are for class only and not to be used outside class.

If you have any further questions, please do not hesitate to contact me.

Sam Bennett

(817) 602-4753

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Please return this form to the front office to enroll your child into the Self-Defense class.

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Name of Child/Children

Child's Age

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Signature of Parent