



Taekwondo Tenets

Taekwondo Students

aim to achieve

Courtesy

Integrity

Perseverance

Self Control

Indomitable Spirit

Cha-ryot (attention)

Kyong-ye (bow)

These tenets will be said before and after each session. Although at first they may be only words to the children we will cover their meanings as they attend classes. Be prepared for questions from them. ☺

Class Objectives: The primary goal of the class is to teach the children basic self-defense skills. This will be accomplished through learning kicks, punches, blocks and other self-defense techniques. The children will not only be taught how to kick and punch but also *when* to kick and punch. Other areas covered will be situational scenarios such as dealing with bullies, strangers and other problems children may encounter.

Class Times: The classes will start the first week in September. The time and day will be determined by the availability of a workout room. The class will be 45 minutes long. The time will depend on the age of the child. Larger classes will be divided according to age to allow every child the best opportunity to learn.

Payments: **Classes are \$55 per month.** Payments will be automatically taken out via our management software, Rainmaker. When you sign your child up please attach a voided check to the application. Payments will be drafted on the 5th of each month.

Uniforms: For those interested in purchasing a uniform for your child please contact me and I will bring one to CDSA for your child. **The price is \$36.75.** (checks for uniforms may be made payable to Texas Black Belt Academy). I will inform the children the uniforms are for class only and not to be used outside class.

If you have any further questions, please do not hesitate to contact me.

Mike Johnson

(817) 274-9812

mjohnson@texasblackbelt.net



Legal Waiver

In consideration of the privilege of participating in the activities of the Texas Black Belt Academy, I hereby waive any claim against Texas Black Belt Academy by virtue of any personal injury that I might sustain in connection with the activities of the school, including negligence, or at any subsequent tournaments or other places of participation connected with the activities of said associations. I also hereby agree not to assert any such claim against the Texas Black Belt Academy, Michael Alan Johnson, Country Day School of Arlington or anyone connected with said associations.

Name of Student: _____

Signature

If student is a minor, legal parent or guardian must sign below

Parent or Guardian: _____

Signature

Mike Johnson, owner

Name of Child: _____

Date of Birth: (/ /)

Mailing Address: _____

Phone Number: () _____

Secondary Number: () _____